

PRESS RELEASE

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St Anne's 'Fitness and Health Charity Challenge 2016' raises £2000

St Anne's School distributes the amount raised between four charities: Action for Schools Sierra Leone, Cancer Research UK, MND Gibraltar and St John's Ambulance.

In March this year, St Anne's School took part in its annual 'Health and Fitness Charity Challenge,' organised by the PE Department. Through its 'Health and Fitness' scheme of work, the pupils had been learning about the importance of a healthy and active lifestyle. The children learnt about the circulatory system, how the heart works, how to take their pulse and how to exercise safely. During the week leading up to the challenge, pupils and staff made a conscious effort to eat healthy and drink plenty of water. On the day of the event close to 500 children, staff, parents and friends took part in the 45 min jogging challenge. Janine Pereira led the Warm up and cool down session and Saccone and Speed donated the water for the day's event.

A presentation was organised last week with representatives of each charity collecting their cheque during the School Assembly.

This year's charities include:

- Action for Schools, Sierra Leone (£1250)
- Cancer Research UK (£400)
- MND Gibraltar (£200)
- St John's Ambulance (£150).